



body energy

practitioners

Change your life!

So you think you might want to learn more about Body Energy?

The comprehensive and flexible training package teaches therapists to the highest level and keeps them in the know about all the new ideas, research and developments in the world of energy and energy treatments. And our student insurance programme enables you to earn while training.

Help from us

So you've completed the training and you've got a diary full of clients, but is there any on-going support? Absolutely! We've devised the Marketing Support Programme so you're not alone in your new adventure with Body Energy. It includes easy immediate access through on-line support, patient referral schemes, business advice, further training and a nationwide PR campaign to raise awareness editorially in magazines and newspapers, which will increase the Body Energy client base. We also provide various support materials to help you develop your new business, keep existing clients returning and encouraging new ones into your practice. The Sports Letter can be tailored to your local sports community, the Company Letter highlights the benefits for large corporate organisations to offer complimentary care for their employees, plus we provide plenty of promotional leaflets, portable exhibition stands for use in workshops or presentations and regular newsletters.

Our Student Insurance will allow you to charge whilst training helping towards the course fees.

Techniques

The unique and pioneering approach behind concept provides a selection of tools and techniques, so that a wide range of conditions and problems, both emotional and physical, can be treated. These are:

Body Energy machine
Magnets
Manual compression
Dynamics of food
Lifestyle adjustments

- **The Body Energy Machine**

The hi-tech Body Energy machine has been developed to stimulate key energy points which clear the channels through the whole body using small suction pads which are therapeutic and non-invasive. Its design uniquely builds up energy flow so it can search out where energy is most needed so the body can become strong and rebalance. It is this original approach that results in the outstanding success achieved in the Body Energy Treatment, irrespective of the patient's physical or emotional condition.

- **Magnets and Manual Compression**

After years of research and application the team realised there was more to an injury than just damage to a localised area. Nodules can actually be the underlying cause of many injuries. So they developed innovative techniques, using magnets and compression, to eliminate these nodules which can build up across the entire energy system.

- **Dynamics of Food**

Good energy from food and not just empty calories are essential for vitality, health and wellbeing. The dynamics of food are discussed with each patient so they can get the very best out of what they eat.

- **Lifestyle Adjustments**

Energy depleting habits such as late nights, eating at the wrong times and not in season are discussed with each patient and lifestyle adjustments are recommended.

Treatment Programme

The Body Energy Treatment has an incredible 80% success rate with common conditions and injuries.

Addictions
Anxiety
Arthritis
Back and joint pain
Depression
Digestive problems
Fertility problems
Hormonal problems
Injuries
Insomnia
Lack of energy
Migraine
Respiratory problems
Sinusitis
Skin problems
Spots
Stress

Clients having treatments will also experience:

Weight loss
Improved complexion and skintone
Reduction of fine lines
Clearer, brighter, more sparkling eyes

The number of sessions required varies enormously from person to person depending on age, state of health, stress levels, medical history and for how long the problem has been going on. But an improvement will be seen after each treatment.

One off treatments are fantastic for general wellbeing and for reducing stress levels. And the lifestyle advice offered as part of each bespoke treatment tailored to the individual patient, also enables them to continue to improve at home.

Application Procedure

If you are interested in taking the Body Energy Concept. You will need to have an existing alternative or allopathic qualification, or a beauty qualification that includes anatomy and physiology. Once qualified, a diploma is awarded to every new Body Energy Practitioner stating that they are eligible to take out professional indemnity/public liability insurance and become a member of the British Register of Complementary Practitioners, which is accredited by the Institute for Complementary Medicine.

Interview Process

We offer an interview for every new trainee to ensure that:

- They are committed to The Body Energy Concept
- They meet the required training criteria
- All queries are clarified before embarking on a course
- All necessary support is provided
- It is the right career choice for them

Syllabus

The syllabus includes a wide ranging selection of topics with the aim of fully preparing you for the challenges you meet in the competitive market of complementary therapy.

- **Introduction to Body Energy**

The philosophy behind the Body Energy Concept combined with an explanation and practical demonstration of energy fields and how they affect health and vitality.

- **Reading the Feet**

A discussion and practical session on the information that can be taken from looking at feet, including ridged fungal nails, calluses and bunions.

- **Understanding Energy pathways**

Discussion on what can be revealed through a knowledge of the body's channels. This module explains why various problems occur, including spots, rashes, broken veins, sluggish lymph and puffy eyes.

- **Case Histories**

Training on the format and detail required when taking a patient's medical history and creating a case study.

- **Five Elements Theory**

Why do certain people have a tendency towards weight gain, cravings, water retention, or muscular aches and pains? This explains how understanding the 5 Elements allows you to find out more about a patient's symptom profile.

- **Facial Diagnosis**

Discussion and practical application of the knowledge that can be gained from the lines, colours, tones and condition of the complexion and what that reveals about the body.

- **Basic Dietary Principles**

The right food choices prevent cravings and help find the client's optimum weight, and then keep it stable. This module discusses balancing and energising the body through food.

- **Geopathic Stress**

Information on the earth's natural energies and the effect they have on health and vitality.

- **Shielding**

Exercises to protect and maintain practitioner health and vitality.

- **Application**

Practical training on the use of the Body Energy machine and the application of pad sequences.

- **Injury Techniques**

Instruction on a specific approach to removing muscle nodules.

- **Conditions**

Further information to assist in the healing of specific complaints.

- **The British Register of Complementary Practitioners**

Information on the Register that new practitioners are required to join.

- **Final Exams**

All elements of the course - theory, practical and course work (dissertation and case studies) - are examined and marked by an external assessor.

Training Programme

The duration of the training course is 6 months and includes:

- 15 days contact training
- 100 hours general practical; keeping detailed case histories
- 30 hours injury practical; keeping detailed case histories
- 2 hours (approximate) each week home study
- Continual assessments
- Theory and practical exams

Cost Schedule

Tuition fees are £1,750 inc VAT. The tuition programme is explained in the next section and it includes 15 days training, exams and graduation (to which each newly qualified practitioner may bring up to 3 guests). Upon qualification you will become a member of the British Register of Complementary Practitioners.

We offer two styles of machine:

1 Freestanding	£3,500 inc VAT
2 Table Top	£3,000 inc VAT

The Body Energy Company student insurance – £59.95 per year – enables trainees to charge for treating case studies, which covers the course fees.

So, what could you potentially earn in you train in The Body Energy Concept?

South East: £50 per hour
6 clients per day
4 days per week
£1,200 weekly income

Midlands: £35 per hour
6 clients per day
4 days per week
£840 weekly income

Business Support Programme

The market is an ever changing and varied industry and so we make sure that our flexible business support programme can be tailored to meet your particular requirements. The support we offer includes:

- On-line support
- Continuous development programme
- Annual monitoring visits to ensure standards are maintained
- National PR campaign to increase clients through your doors
- A free listing on our website
- Excellent referral system
- Annual marketing plan
- Coprate stationary and promotional materials

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Standards

We employ the following training standards to ensure that each and every patient treated is given the highest standard of care.

These standards are:

- Annual monitoring annually to ensure results and standards are being maintained.
- On-going support for your practitioners' training to keep you ahead of new ideas and developments.
- Professional Indemnity Public Liability insurance of £2,000,000 is arranged for each practitioner.
- Each practitioner will become a member of The British Register of Complementary Practitioners, which is accredited by the Institute for Complementary Medicine.

These standards will ensure that:

- Your clients are supported through their lifestyle changes to establish good health.
- Clients regain their health as quickly as possible.
- The journey to good health is enjoyable for your clients.
- The working environment is safe and comfortable for the client and practitioner, and provides the highest standards of care and confidentiality.

Case Studies

Everyone can benefit . Visible results can be seen after every session and they include radiant looking skin, fading of dark under-eye circles, clearer, brighter sparkling eyes and plumped out fine lines and wrinkles

The case studies outlined below highlight Body Energy's role in restoring, boosting and then maintaining energy.

Female aged 30

She suffered from terrible PMT, dry skin, spots and digestive problems, which caused severe bloating. After five treatments all symptoms had completely vanished, she lost weight, had clearer skin and recovered her cheerful, positive outlook on life.

Female aged 40

She uses The Body Energy Treatment during the Spring and Autumn months in order to maintain her energy flow, which keeps her health and vitality at optimum levels all year round.

Female aged 50

Chronic back pain, food cravings and exhaustion hit her in middle age, but after one treatment, the food cravings stopped, her sleep improved and she felt bursting with vitality for the first time in ten years. Three treatments later and she had lost weight, her back pain improved and she was able to exercise. By the end of the course of treatments she was looking and feeling fantastic and able to enjoy life again.

Male aged 56

Chronic back pain and lack of energy due to a hectic executive schedule left this client feeling unfit, unhealthy and unwell much of the time. The bespoke Body Energy Programme gave him dietary changes that were easy to make without disrupting his lifestyle. After six treatments, the back pain stopped, and he became more productive at work due to his boosted vitality and energy.

Registration Form

Company

Address

Post Code

Tel.No

Fax

E-Mail

Name of Therapist
Qualifications

Name of Therapist
Qualifications

Name of Therapist
Qualifications

Name of Therapist
Qualifications

Please send this completed registration form to:

Body Energy

c/o 44 Portland Place

London W1B 1NE

Telephone: 08456 126621

Fax: 020 7487 3971

Email: enquiries@body-energy.com

Website: www.body-energy.com